



Don Ellis—Roy Stevens

Mr. Roy Stevens, a proponent of the Stevens-Costello system, and authority on embouchure placement, discussed the upper register, embouchure, and the proper use of their muscles.

Mr. Bernie Glow, regarded by most as the top studio performer in New York City, lectured on the making of the studio performer as well as the many and varied demands made upon him.



Bernie Glow

50 Band Directors Are Invited To ASU For Embouchure Clinic

Fifty high school band directors in Northwestern North Carolina have received an invitation from Elmer R. White to come to Appalachian State University Saturday for a "brass embouchure clinic".

Concentrating especially on trumpet, the clinic will be conducted by Roy Stevens of New York City, "who in my opinion is the best embouchure doctor in the world," said White. Embouchure is the proper fitting of mouth and tongue for playing wind instruments.

In his letter to band directors, White explained "Roy has students from Julliard School of Music, Manhattan School of Mu-

sic, Mannes College of Music, West Point Academy, and Columbia University." An alumni of Columbia, White has studied

under Stevens.

"He also has students playing in the New York Philharmonic, West Side Story production at

Lincoln Center, the MET, Radio City, Stan Kenton Band, Woodie Herman Band, Buddy Morrow Band, Ann Bancroft Show, etc., etc., etc."

Et cetera refers to Stevens's tenure with jazzist Coleman Hawkins and his enrollment in the bands of Raymond Scott, Jimmy Dorsey, Claude Thornhill and Duke Ellington. In the forties, Stevens had his own band.

He has played at Roseland in New York City, has appeared on the CBS, NBC and Mutual networks and his band performed at the Famous Door, Hickory House and the Onyx Club, well-known supper clubs. Recently his combo played at the Rain-box Room, the penthouse atop Radio City.

Stevens is to arrive in Boone Thursday night and conduct Master's classes all day Friday for ASU brass students.

The next day, the clinic will be held from 9 to 12 and from 1:30—till in I. G. Greer Hall on campus. The university is holding the embouchure clinic without charge to participants.

White said no special criterion has been established, so that directors may bring as many students as they wish. This is the first time such a clinic has been held here.

White ended his invitation, "Roy has been specializing in brass embouchure problem analysis for about 15 years, and has probably 'straightened out more chops' in those years than anybody in the world."



Master Teacher Holds Clinic

ROY STEVENS,

Dr. of EMB. Associate Instructor, Teacher's College
Columbia University

Available As Clinician

Stevens, who operates the famed Costello Studio of trumpet instruction in New York, has taught many outstanding trumpeters including Vince Penzarella, first trumpet with the Metropolitan Opera Company, and Don Ellis, the West Coast band leader.

SHOW STUDENTS HOW

Trumpeters' Pucker Power Measured for Posterity

By WILLIAM L. CHAZE

Associated Press Writer

It may have been musical history — or at least a foot note.

A jazz trumpeter who once played with Benny Goodman, and the first trumpeter for the Metropolitan Opera did their stuff Tuesday while wired to a scientist's oscilloscope.

The purpose was to find out how good trumpeters get their pucker power and pass it along to fledgling trumpeters trying to perfect their art.

The principals were Roy Stevens of New York, who played with both Dorseys and with Benny Goodman during the '40s and '50s, then led his own band; Vince Penzarella, a Philadelphian now in his second season with the Met; and Dr. John Basmajian, an Emory University rehabilitation researcher.

THE MUSICIANS were attached to the oscilloscope by tiny wires inserted into lips and cheeks, each wire carrying electrical impulses from muscle movements into a separate oscilloscope channel.

"I guarantee you it won't hurt, except, perhaps, for a tiny bit," said Basmajian as he attempted to soothe the anxious Stevens during the wiring.

Stevens, sweat popping out on his forehead, sat in a green plastic lounge chair, nervously fingering his trumpet and looking doubtfully at Penza-

rella, who stood against a wall. Penzarella was scheduled to play later at a performance of the Met, which is in Atlanta on tour.

Also standing by was Elmer White, a music teacher from Appalachian State University, who has been working with Basmajian over the past year oscilloscoping the embouchure of student trumpeters. Embouchure is the way a trumpeter adjusts his mouth to the horn's mouthpiece.

ULTIMATELY, THE recorded oscilloscope of Stevens and Penzarella will be compared to that of White's students. The upshot, said White, is the students will learn from the comparison what they did wrong.

"These are exemplars of good trumpeters," said Basmajian as Stevens blew a few tentative notes into a baffling device. The silver wires, taped flat against his face and draped over one shoulder, extended from his left cheek.

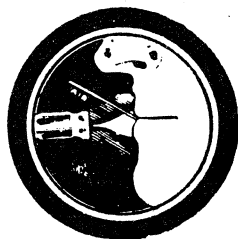
"If you feel a foreign object in your cheek," said Basmajian, "don't bite it. It is the electrode wire. Just leave it alone — ignore it." Stevens shook his head and blew more notes, the exertion registering on the oscilloscope.

STEVENS STOPPED long enough to wink at Penzarella and assure him it was pain-

less, even fun. Penzarella seemed relieved.

"The beauty of this," said Stevens after completing his stint in the lounge chair, "is that it tells you exactly what muscles are moving to produce which notes. And how much. Before I had to guess or feel with my hands. This allows you to look inside the lip. How else could you do that, except to cut it open. That would not be good."

The session lasted about two hours. "Well," said Basmajian, looking around. "This was supposed to be an experiment. It may have been more than a demonstration." The sound of the horns had drawn more than a dozen persons from neighboring laboratories.



Lew Solof

Mr. Lew Soloff, as the lead trumpet with BLOOD, SWEAT AND TEARS, brought the contemporary jazz concept to the Symposium in a presentation entitled MUSIC AND ME. Mr. Soloff related environment to performance, and was also heard in two pieces written by Chuck Mangione, one with the American Brass Quintet, and one, THE FEEL OF A VISION, with orchestra.

NEW YORK BRASS ARTIST COACHES ASU STUDENTS—Roy Stevens, renowned as the best embouchure specialist in the world, conducted a clinic Saturday on the Appalachian State University campus for some 200 music students from ASU and from neighboring colleges and secondary schools from throughout Western North Carolina and the Piedmont. Stevens, whose visit was coordinated by Elmer White of the ASU music faculty, has students from Julliard School of Music, Manhattan School of Music, Mannes College of Music, and from Columbia University. Above, Stevens (right) is working with Jack Price, a sophomore trumpet student of Elmer White (left). White has studied under Stevens for the past several summers at Columbia.

Embouchure Clinic Is Well Received

ASU's Elmer White has received several favorable comments on the embouchure clinic conducted by nationally known musician Roy Stevens for high school students and band directors on the ASU campus.

One letter White received was from Mickey Young, band director at Granite Falls High School. It read:

"I want to thank you for getting Roy down here for a clinic. The six students that came with me are already working to develop the new embouchure concept. Roy proved to them that a great deal of pressure is not necessary and they are all very

enthusiastic about getting better on their instruments.

"It was a thrill for me to see one teacher keep a large group of young students in total concentration for eight hours. John Dewey hit the nail on the head with his theory of interest. Besides improving my understanding of the proper brass embouchure, Roy helped me, I feel in improving my teaching technique in approaching an individual student. His technique is really beautiful."

"This is typical of the comments I heard," said White. "It looks like Stevens will be back."

THE EMOUCHURE CLINIC held Saturday at Appalachian State University was attended by more than 100 high school brass players and their directors. Roy Stevens, "embouchure doctor" and noted jazzist of New York City, concentrated primarily on trumpet, his instrument, during the morning and afternoon sessions. Elmer White, assistant professor on the university's music faculty, said Stevens also worked with tuba, French horn and trombone players. White noted that Stevens got "immediate results", which was reflected in student performances. White also said the clinic is expected to be held annually with Stevens. Embouchure is the proper fitting of the mouth and tongue in playing wind instruments and here, students closely observe Stevens's method and direction.

Dear Colleague, **Available As Clinician**

In recent years an increased awareness among brass teachers and students alike regarding problems of the embouchure has been evident. The practical demands put upon both professional and student make it no longer possible to accept the many myths surrounding sound production in all registers on brass instruments. Until May of 1971 all discussion in this field was speculation, some valid, some not.

At Emory University in May of 1971, several of my students and I recorded readings of the relationship between muscular activity, and volume and range. Tested were all notes between F# below the treble staff and C two octaves above high C (trumpet notes) played at all volume levels. They were monitored and documented by the video oscilloscope and decible meter which, together, showed the degree of muscular activity as related to the volume and pitch of each tone. These readings confirmed my beliefs relating to the muscular behavior of the embouchure. My theory on how to use the muscles in their effort to support the playing structure became medical fact. The tests were supervised by Dr. John Basmajian, the world's foremost authority on muscular behavior, and inventor of the process called electromyography. Dr. Basmajian called the results an historic marriage between art and science.

Within the past year I have expanded the staff of my New York clinic to include Mr. William Moriarity, editor of my book, Embouchure Self Analysis and The Stevens-Costello Triple C Embouchure Technique and Dr. Elmer R. White, author of Electromyographic Potentials of Selected Facial Muscles and Labial Mouthpiece Pressure Measurements in the Embouchure of Trumpet Players. This makes it possible for me to be available one or two days in any week to conduct embouchure clinics at various schools around the country. In these clinics I would deal with the resolution of student's problems through a coordinated program of proper advice, guidance and understanding to be worked out with the student's present teacher. Let me point out that I will not advocate changing the embouchure. It would be more proper to say that we will "correct" the embouchure and make known any deficiencies that have to be overcome in the student's current way of playing, irrespective of systems or methods.

My experience has shown that improper use of the musculature tends to destroy the playing structure, thereby considerably shortening one's playing life while practicing study books for long hours doesn't necessarily improve the embouchure but merely coordinates the mechanics and refines the playing capacity of embouchure limitations. Practicing notes does not solve embouchure problems. Correct procedures must be followed.

I can assure you, the rest of the brass faculty and your students an unforgettable, gratifying experience at these sessions. For information regarding available dates, price, format, etc., please write to: Kindest Personal Regards,

Remember: a correct Embouchure  has no limitation



ROY STEVENS, DR. OF EMB.
OWNER - DIRECTOR

STEVENS  COSTELLO

BRASS EMOUCHURE CLINIC

"Phenomenal Triple C Embouchure Technique".

Roy Stevens

1595 Broadway
New York, N.Y. 10019
(212) CI 7-4092
RES: (914) 762-3949



10-A The Atlanta Journal Wednesday, May 5, 1971




Send to Roy Stevens from Dr. Basmajian

The Lamont School of Music of the University of Denver will sponsor the fourth annual National Trumpet Symposium, August 9-13, 1971, directed by Legh Burns. The Symposium will consist of lectures, recitals and group discussions on trumpet performance, pedagogy and manufacture. Trumpet manufacturers will exhibit instruments, books, music and recordings.

Artist faculty will include the American Brass Quintet, Bernie Glow, Knud Hovaldt, Herbert Mueller, Gerard Schwarz, Lew Soloff, Roy Stevens

national trumpet symposium university of denver lamont school of music august 9-13, 1971

LEW SOLOFF, lead trumpet with Blood, Sweat and Tears. Mr. Soloff will add a new dimension to the symposium: a look at contemporary jazz.
ROY STEVENS, embouchure specialist and proponent of the Costello system of performance. Mr. Stevens will speak on problems of the embouchure and the extraordinary success he has had as a diagnostician.

<p>THE WORLD'S ONLY</p> <p>STEVENS  COSTELLO ROY STEVENS, DR. OF EMB. BRASS EMOUCHURE CLINIC</p> <p>ATTENTION! BRASS PLAYERS. RANGE, POWER, ENDURANCE, can be yours, WITH ALL TONES PLAYABLE FROM THE BOTTOM OF THE HORN UP TO DOUBLE AND TRIPLE HIGH-C. Join some of the HEAVYWEIGHTS who STUDIED with ROY STEVENS, DON ELLIS, LIN BIVIANO WITH MAYNARD FERGUSON, VINCE PENZARELLA with the N.Y. PHILHARMONIC ORCHESTRA, LLOYD MICHELS and ROY ROMAN. SPECIAL RATE FOR UNIV. STUDENTS. CALL (212) 247-4092 Res. (914) 762-3949 or WRITE for CONVENIENT LESSON TIME.</p> <p>STEVENS-COSTELLO BRASS EMOUCHURE CLINIC 1595 Broadway New York, N.Y. 10019</p>	<p>THE WORLD'S ONLY</p> <p>STEVENS  COSTELLO ROY STEVENS, DR. OF EMB. BRASS EMOUCHURE CLINIC</p> <p>NOW AVAILABLE: TRIPLE-C-MOUTHPIECES, balanced, tested by ROY STEVENS. (TRPT) R.S. 1 = Powerful strong sound. R.S. 2 = Powerful strong sound slightly darker. R.S. 3 Symphony Model = True classical sound. (Cornet-Fluegel) R.S. 2 = Exquisite dark sound. Same size rim as trpt. All above models \$42. (Trombone R.S. 1 or 2 \$47.) ROY STEVENS is the world's most acknowledged teacher and diagnostician of embouchure problems and is the author of "EMBOUCHURE TROUBLE SELF-ANALYSIS" and the "PHENOMENAL TRIPLE-C-EMBOUCHURE TECHNIQUE" Vols. One and Two combined. Now available at \$47. Send check or money order to:</p> <p>STEVENS-COSTELLO BRASS EMOUCHURE CLINIC 1595 Broadway New York, N.Y. 10019</p> <p>For private instruction write same or phone (212) CI 7-4092 or (914) 762-3949</p> <p> ROY STEVENS, DR. OF EMB. OWNER - DIRECTOR</p>
---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------	--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------